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## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

**1. ATHLETICS** - YEAR TWO to SIX - THURSDAY 15:00-16:00 -  
Rs.2,000 (Min 10 students)

Kids' Athletics is an exclusive collection of sporting events that enable children to discover basic activities: sprinting, endurance running, jumping, and throwing/putting.

The athletics games will provide children with the opportunity to make the most of the beneficial practice of Athletics, in terms of Health, Education, and Self-fulfillment.

**2. BADMINTON** - YEAR THREE to SIX - FRIDAY 15:00 - 16:00 -  
RS.2,000 (Min 10 students)

**3. BASKETBALL** - YEAR TWO to SIX - MONDAY 15:00-16:00 -  
Rs.1,250  
(Max14 students)

**4.CHESS CLUB** - CLASS THREE to SIX - WEDNESDAY 12:30-13:30 -  
Rs.1,000 (Max 14 students)

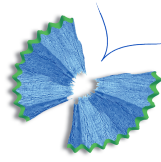
Mr. Jerone Koster comes with a wealth of experience having competed in many Olympiads in his life and is a registered FIDE Trainer (the world recognized chess federation). He currently plays Chess for Mauritius.

**5. CHOIR** - CLASS - THREE to SIX - WEDNESDAY 12:15-13:00 -  
Rs.1,000

Students will be introduced to choral singing and part-singing. They will have the opportunity to perform for their peers regularly.

**6. DRAMA** - YEAR ONE to SIX - THURSDAY 15:00 - 16:00 -RS.3,450  
(Max 20 students)

**7. DRAW, SHADE AND PAINT** - YEAR ONE to FOUR - FRIDAY 15:00-  
16:00 – RS.3,325 (Min 8-Max 12 students)



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

This will be drawing and painting using paint and wax crayons. Painting and wax techniques will be shared with them. Children will be required to buy their own sketchpads. Children need to bring an old t-shirt to put on when doing these activities

**8. GYMNASTICS** - YEAR ONE & TWO - WEDNESDAY 12:15-13:00 - RS.1,875 (Min 8-Max 10 students)

The coach provides gymnastics training for kids both girls and boys. The gymnastics disciplines adopted are artistic, trampoline, acrobatics and fun gym, following mainly the Olympic model of gymnastics.

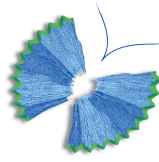
**9. JAPAN KARATE ASSOCIATION** - YEAR ONE to FOUR -THURSDAY 13:00-16:00 - Rs.1,575 (Min 6-Max 15 students)

**10. JAPAN KARATE ASSOCIATION** - YEAR ONE to FOUR - FRIDAY 13:00-16:00 - Rs.1,575 (Min 6-Max 15 students)

We will be following the INTERNATIONAL syllabus, so as to keep with the required standard for Japan. All karateka (after registering) will be recognized and have whatever their grade is, internationally accepted. IPS will fall under my JKA GRAND BAIE DOJO. Grading's for the various belts will be conducted as and when they are ready. Children are welcome to attend my Grand Baie Dojo as well (no charge) should they wish.

Sensei Vince has been involved with karate training & coaching for over 40 years, and national team manager for world cup squad (SA) in 2004 and 2006. He has competed at the World cup in 2005 and obtained a bronze medal in the veteran's section. I am also qualified primary school teacher with a BA in Psychology.

Japan has officially registered JKA Mauritius and the listing can be found on the Japanese web site [www.jka.or.jp/en/](http://www.jka.or.jp/en/) under the Africa section.



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

Other fee/amounts over and above the monthly coaching fee are:  
A single payment of Rs.700 for the International karate passport.  
(Recognised internationally). The entire child's grading's and achievements are noted here.

Annually Rs.500 the compulsory registration fee for each Pupil.  
Dress for karate is the traditional GI (Kimono). This can be purchased in the second month. A club badge is available for sewing on.

**11. MAKE AND TAKE** - RECEPTION & YEAR ONE - THURSDAY 15:00-16:00 - Rs.3,000 (Min 4 - Max 8 students)

To have fun being creative and making all sorts of arts and crafts using a variety of materials such as air dry clay, paper mache`, salt dough, home made play dough, recycled materials, paint, collage, printing etc. that be completed in a lesson or two.

**12. MAKE AND TAKE** - YEAR THREE & FOUR - FRIDAY 15:00-16:00 - Rs.3,000 (Min 5-Max 10 students)

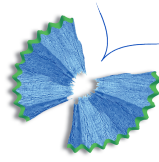
To have fun being creative working on complex art projects in the style of famous artists such as Vincent Van Gogh, Andy Goldsworthy, Andy Warhol, Jackson Pollock etc. and using different materials such as air dry clay, paint, charcoal, chalks, acrylics, recycled materials, paper mache` etc. To also focus on making complex craft projects such as puppets, stone pets, soft toys, old and new artifacts.

**13. MONKEYNASTIX:** - NURSERY ONLY - MONDAY 15:00-16:00 - RS.2,300 +Annual Subscription Fee Rs.550 (Min 6-Max 8)

**14. MONKEYNASTIX:** - YEAR ONE & TWO - TUESDAY - 15:00-16:00 RS2,300 +Annual Subscription Fee Rs.550 (Min 6-Max 10)

**15. MONKEYNASTIX:** - RECEPTION ONLY- THURSDAY -15:00-16:00 RS2,300 +Annual Subscription Fee Rs.550 (Min 6-Max 10)

Monkeynastix is a fun and challenging non-competitive movement education program for children ages 1 to 8 years. Monkeynastix will



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

challenge your child while developing strength and flexibility, cardiovascular fitness, gross and fine motor skills, balance and co-ordination, eye hand and eye foot co-ordination and speed and agility.

**16. MUSIC THEORY LESSONS** - YEAR TWO to SIX - MONDAY-15:00-16:00 - RS.2,500 (Min 10 - Max 20 students)

Music theory lessons will be geared toward improving the children reading of music notation and basic composition; an especially useful skill in ensemble music making.

The lessons are designed according to the ABRSM (Associated Board of the Royal Schools of Music) theory syllabus and the children will be entered for the assessment examination to be administered in November.

Specific focus will be Grade 1, 2 and 3. Absolute beginners are eligible for Grade 1 and those who have already taken these exams will be have an opportunity to work towards the next Grade.

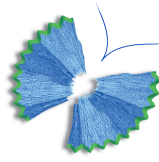
Link: <http://us.abrsm.org/en/our-exams/music-theory-exams/>

**17. (EARLY) RADICAL MECHANICALS SIMPLE MACHINES**  
RECEPTION & YEAR ONE - MONDAY - 15:00-16:00 - RS.6000(Min 4 - Max 10)

This term Radical Mechanicals will be introducing children to the Lego curriculum that enables the children to behave as young scientists by providing them with tools and tasks to promote scientific enquiry. The Lego curriculum is based on Next Generation Standards and common core standards. Lessons will include the building of the principle models and will include 'Six Brick' activities.

Why are Six Brick activities important?

The children will practice the problem solving 'Six Bricks' activities for memory, matching, sorting and identifying patterns that help children transfer concepts from concrete to the abstract form.



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

What types of materials will my child work with?

The children will work with a tool kit designed to promote their scientific enquiries. Tasks are supplemented by short stories that help to identify a problem. The children investigate “what if ...” questions”, make predictions, test their models and record their findings.

What is an example of an Early Simple Machines project?

Video Introduction to Early Simple Machines Set

[https://www.youtube.com/watch?v=ypcl1Dku\\_XQ](https://www.youtube.com/watch?v=ypcl1Dku_XQ)

What are Next Generation Standards?

<https://www.youtube.com/watch?v=MqOhLg7gfYQ>

**18. RADICAL MECHANICALS SIMPLE MACHINES** - YEAR TWO & THREE - MONDAY - 15:00-16:00 - RS.7,500 (Min 4 - Max 10)

Radical Mechanicals will be laying down the important framework for understanding the operation of simple machines with gears, wheels and axels, levers and pulleys found in everyday life. The Lego Simple Machines kit enables the children to work as young scientists and engineers where they are encouraged after building their models, to carry out fair tests, compare results and make modifications to their structures.

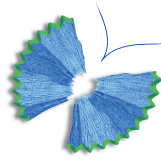
After the completion of a unit the children will build a structure related to the unit. Using a basic programme called WeDo 2.0 using an Android tablet provided by the club will operate the model.

More about the Programming:

The children will be working with easy-to-use software that has a colourful, drag-and-drop interface to program their models. Building instructions are provided digitally and the class will receive programming guidance to drive their models.

An example of a simple machine using WeDo 2.0

<https://www.youtube.com/watch?v=cEgQY8SvrgU>



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

### *Length of Lesson:*

In order for the children to build, modify, test their models and report their findings, the length of the lesson is 75 minutes.

**19. RADICAL MECHANICALS SIMPLE AND POWERED MACHINES**  
YEAR FOUR TO SIX - THURSDAY 15:00-16:30 - RS.6,875(Min 4-Max 10 students)

**20. RADICAL MECHANICALS SIMPLE AND POWERED MACHINES**  
YEAR FOUR TO SIX - SATURDAY 08:30-10:00 - RS.7,500(Min 4-Max 10 students)

The children using the Simple and Powered Machine kit will work in pairs to build. The Lego curriculum is designed to provide opportunities for students to develop their understanding of simple machines, structures and mechanisms using Science and Engineering practices of inquiry where they will predict, test, modify and report on the workings of their powered machines and gearing mechanisms. Principle Models will be:

- Building and exploring real life Machines and Mechanisms
- Investigating powered machines with the motor
- Using plastic sheets for calibration and capturing wind
- Exploring gearing mechanisms with the assorted gear wheels

Introductory Video on Simple and Powered Machines:

[https://www.youtube.com/watch?v=kT9\\_RjVhsw](https://www.youtube.com/watch?v=kT9_RjVhsw)

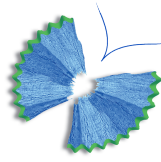
### *How long are the lessons?*

A lesson lasts 90 minutes to allow the children time to build, play with their model and report back on their findings to the class.

### *Free Building Time*

On a preselected day once a week, the children are allowed to build for the length of the big break under the supervision of the Radical Mechanicals teacher.

**21.SCULPTING** - YEAR ONE to SIX - MONDAY - 15:00-16:00 - RS.2,820 (Min 4- Max 10 students)



I • P • S

## TERM ONE 2017/18 EXTRA-CURRICULAR ACTIVITY OFFERINGS

Please supply a shoebox with the following items to take with you to sculpting class: an apron, a cloth and sponge, a paintbrush, a toothpick, a plastic vessel for water and a plastic bag.

**22.SKETCHING AND DRAWING** - YEAR FIVE & SIX - THURSDAY  
15:00 - 16:00 - RS.3,000 (Min 5-Max 10 Students)

Learn what you can do with pencils, charcoal and an eraser. Drawing will be from life, no copying!! We will work around the school grounds with the odd session in class 5 Blue.

Equipment required to start with: A4 and A3 sketch book, a pack of pencils, HB, 2B, 4B and 6B, a white eraser and a pencil sharpener, that's all.

**23.SOCCER** - RECEPTION to YEAR THREE - MONDAY -15:00-16:00 -  
RS.1,250 (Min 7 students)

**24.SOCCER** - RECEPTION to YEAR THREE - WEDNESDAY - 12:15 -  
13:15 - RS.1,250 (Min 7 students)

The children will be put in their age group to be trained for future tournaments.

**25.SOCCER LEAGUE** - YEAR FOUR to SIX - MONDAY - 15:00-16:00 -  
RS.1,250 (Min 7 students)

The aim of the soccer league is to represent IPS in the league and compete against other football clubs.