



22nd August 2016

Dear Parents,

EXTRA CURRICULAR ACTIVITIES 2016/2017 – TERM 1

The IPS PA would like to welcome back all IPS families and to the new parents, a warm welcome. We are pleased to attach the schedule of Extra Curricular Activities proposed for the first term.

ECAs will start on **Monday 5th September 2016**.

REGISTRATION:

This year, to bring us in line with CIS requirements, we are requesting parents and coaches to sign a code of conduct with the PA. The code of conduct outlines each parties responsibilities with regard Extra-Curricular Activities at IPS.

Parents must sign the code of conduct before their child can take part in ECA's.

FEES:

All fees are to be paid at the PA office - cash or cheque (IPS PA) on the day of registration.

Please be aware that all ECAs are on a first come first served basis. Your child's place will be confirmed upon receipt of signed contract and payment. No confirmation by email or scanned contract will be accepted.

Regards,

Clothilde Desmarais
IPS PA Secretary
Tel: 266 2032
ipspal@intnet.mu

Code of Conduct for Extra Curricular Activities

This agreement is made between

- 1) The parents who wish to register their children for any extra curricula activities, organized by the PA.
- 2) The coach is retained by the PA to offer a particular service.
- 3) The IPS parent Association, who is responsible for coordination between parents and the coach. The signatures of all parties involved indicate that they are bound by the code of conduct and its terms.

1. Object of the Agreement

- To promote enjoyment of the extra-curricular activities for all children of all eligible age groups.
- To encourage friendship and cooperation between the children and experience the joy of working as a team.
- To help the children to develop their potential to it's fullest.
- To bring out the hidden talents.
- To ensure Health and Safety of all student participating in any extra-curricular activities.

2. Responsibility of IPS Parent Association

- Employ suitably qualified and experienced coaches.
- To liaise with PE coordinator for IPS sports field and classes to be made available as per scheduled activities.
- To liaise with parents and to inform about the different scheduled extra-curricular activities.
- To arrange for meeting with coaches should parents request for it.
- To attend for any queries from coaches and parents.
- Ensure that they have the updated contact details for the coach.

3. Responsibilities of coaches/teachers of the extra-curricular activities

- All coaches/teachers should ensure they have a list of students. The list will be provided by the PA extra-curricular organizers. The list shall include the contact details of all students.
- The coaches shall keep a register to monitor the presence of all students.
- Coaches/Teachers must not leave the premises until all parents have collected on time their children at the end of each session.
- The coach will not take any responsibilities for any child beyond 15 minutes after collection time.
- The coach will inform parents immediately in case of any incident caused during the extra-curricular sessions.
- Should a child be injured in the course of a session, the coach may take the decision to take the child to the hospital if needed or contact a medical professional. However, the parents will be informed of it.

4. Responsibilities of Parents

- Ensure that their child arrives on time for training sessions and matches and is picked up at the agreed time at the end of the session.
- Advise the coach in advance if their child cannot attend a session.
- In case a parent will be late he/she has to inform the coach (not the school) providing full information on the delay.
- Whilst the School is very understanding towards occasional delays for pick-up due to unforeseen circumstances, it is the duty of each parent to collect their child punctually. If a parent does not come on time to pick his child at the end of the sessions on two occasions during a term then the coach reserves the right to report the matter to the PA organizers. Sanctions may be taken which may entail the suspension of the child from participating in the particular extra-curricular activity enrolled for or any subsequent ones at IPS in the future. There will be no refund of fees in these circumstances.
- Parents should ensure that payment of fees for all extra-curricular activities they have enrolled their child should be made in a timely manner. If payment is not made on time, the PA organizers may take the decision to discontinue the second sessions of activities hence removing the child name from the list.
- Inform the PA office immediately if there are any changes to the parent contact numbers or email addresses.
- Be responsible for their children at all times before and after sessions and whenever not in the direct care of the coaches.
- Abide by the rule that only prayers, coaches and match officials are allowed on the playing field.
- Take responsibility for all friends and family members accompanying them to attend any session.

Coach/Teacher

Parent/Guardian

IPS Parent Association

Date

EXTRA CURRICULAR ACTIVITIES - ENROLLMENT FORM
Term 1 - 2016/2017

Name of child _____

Class _____

Activities required:

1. ACTIVITY: _____ DAY: _____

2. ACTIVITY: _____ DAY: _____

3. ACTIVITY: _____ DAY: _____

Name of parent _____

Mobile number _____

Email add _____

Payment enclosed: Cash Rs _____

Cheque Rs _____

Signature _____

Date: _____

DESCRIPTION OF ACTIVITIES

ATHLETICS

Kids' Athletics is an exclusive collection of sporting events that enable children to discover basic activities: sprinting, endurance running, jumping, and throwing/putting.

The athletics games will provide children with the opportunity to make the most of the beneficial practice of Athletics, in terms of Health, Education, and Self-fulfillment.

BADMINTON

This activity will be carried out by Mr. Jean Noel Yardin (PE teacher).

CHESS CLUB

Mr. Jerone Koster comes with a wealth of experience having competed in many Olympiads in his life and is a registered FIDE Trainer (the world recognized chess federation). He currently plays Chess for Mauritius.

DRAW, SHADE AND PAINT

This will be drawing and painting using paint and wax crayons. Painting and wax techniques will be shared with them. Children will be required to buy their own sketchpads. Children need to bring an old t-shirt to put on when doing these activities

FRENCH LANGUAGE CLUB

Preparation to the Alliance Francaise exam with a special focus on writing skills, grammar and verbs. It is only open to first language French speakers.

GYMNASTICS

The coach provides gymnastics training for kids both girls and boys. The gymnastics disciplines adopted are artistic, trampoline, acrobatics and fun gym, following mainly the Olympic model of gymnastics.

KARATE

Mr. Laval Li Ying Pin is a professional instructor who has reached 6th DAN in the Japanese Karate Federation, 3rd DAN in Kobudo Federal instructor and the style of the Karate is Shorin Ryu Karate.

KUNGFU/WUSHU

This activity will be run by José Chan Tsun Ching, who is certified by the International Training Center Guangzhou Institute of Physical Education in R.O.C and has 40 years of experience.

The activity includes shadow boxing, concentration exercises, posture, etc....

MAKE & TAKE:

An hour of fun making creative delights using simple everyday household materials.

Reception kids will be making: Paper plate crafts, Plastic bottle crafts, Stone painting, Cardboard dioramas, Galaxy Bottles/Lava Lamps, Sock puppets, Rock pool Plate, Glitter playdough, Seasonal craft decorations.

Class 1 kids will be making: Papier Mache crafts, Salt dough crafts, Stone paintings, Sock puppets, Pom-poms, Wizard wands/Magic Potion Bottles, Snow globes/Sand Bottles, Dream Catchers, Wooden Peg Crafts, Book Markers, Seasonal craft decorations, Sun catchers.

MONKEYNASTIX:

Monkeynastix is a fun and challenging non-competitive movement education program for children ages 1 to 8 years. Monkeynastix will challenge your child while developing strength and flexibility, cardiovascular fitness, gross and fine motor skills, balance and co-ordination, eye hand and eye foot co-ordination and speed and agility.

NETBALL:

The skills used in Netball are similar to those in Basketball and Handball. It is an exciting, fun and interesting game and is so beneficial for young children's bodies, fitness and health. It will help young children to build on their self-confidence, self-esteem and have fun through different modified games that will help them to learn about the game and how to play it. It will also teach them valuable skills as team players. We need a minimum of 10 children to be able to start this activity.

RADICAL MECHANICALS

This extra mural club offers children an opportunity to engage in using LEGO Education products designed specifically for learning. Using a LEGO curriculum, structured classroom sessions will set challenges for children. Weekly challenges will include a broad range of activities that will explore the principles of pulleys, wheels and axels, forces and powered machines.

Engaging students through play is motivational and allows the child to develop logical thought and problem solving processes. This extra mural is not just for boys, engaging girls in these types of play activities encourages them to become more interested in subjects considered 'boy subjects' for example Engineering.

At the end of the term, parents will be invited to share their children's learning experiences by joining in a free building hour of fun.

ROOTS & SHOOTS

Are you interested in improving the world through your actions? Do issues about the needs of people, animals and the environment concern you? Do you want to do something important but are unsure how? Join us for Jane Goodall's Roots & Shoots youth-led community action program. Together, we will determine how we can make a difference for the people, animals, and/or environment in our local community and take action to bring our ideas to life.

SCULPTING

Please supply a shoebox with the following items to take with you to sculpting class: an apron, a cloth and sponge, a paintbrush, a toothpick, a plastic vessel for water and a plastic bag.

SKETCHING AND DRAWING

Learn what you can do with pencils, charcoal and an eraser. Drawing will be from life, no copying!! We will work around the school grounds with the odd session in class 5 Blue.

Equipment required to start with: A4 and A3 sketch book, a pack of pencils, HB, 2B, 4B and 6B, a white eraser and a pencil sharpener, that's all.

SOCCER

The children will be put in their age group to be trained for future tournaments. Soccer kits are available for purchase at the PA office.

SOCCER LEAGUE

The aim of the soccer league is to represent IPS in the league and compete against other football clubs.

YOGA & FITNESS

The benefits of yoga and fitness for children are many.

Body: Develops a strong, flexible and agile body. Improves circulation, posture and neuromuscular development.

Mind: Calms the mind. Reduces stress & anxiety. More mindful of thoughts, words & actions.

Spirit: Builds confidence & self-esteem, inspires respect for others and supports a sense of community around us.

About the trainer:

As one of Australia's top Personal Trainers & Yoga Teachers, having recently moved to Mauritius with her young family, Arpita is thrilled to be a part of our school parent community and share her passion of fitness and yoga. Please visit www.mindandbodypt.com for further information.

CONTACT DETAILS OF THE COACHES

Athletics Jean Noel Yardin pe@ips-mu.com	Make & Take Sheeba Derman nurseryblue@ips-mu.com
Badminton Jean Noel Yardin pe@ips-mu.com	Monkeynastix Helena Tivive Fok - 5-728 0363 Ls.advent@intnet.mu
Chess Club Jerone Koster - 5-253 4711 jkoster@intnet.mu	Netball Miss Melanie - 5-723 7349 peone@ips-mu.com
Draw, Shade and Paint Mrs. Samina Jangheer Classtwoblue@ips-mu.com	Radical Mechanicals Renée Vallet sen@ips-mu.com
French Language Club Angelique Grafeille french@ips-mu.com Varsha Kowlessur frenchsecondlanguage@ips-mu.com	Roots & Shoots Heidi Ashton
Gymnastics Bhrij Lutchmun - 5-916-5487 lbhrij@gmail.com	Sculpting Devinha Patiniot - 5-774 2438 Mtcassino44@yahoo.com
Karate Laval Li Ying Pin - 5-254 0425 tccltd56@gmail.com	Soccer / Soccer League Eddy Rose - 5-798 6522 Eddyrose007@hotmail.com
KungFu/WuShu José Chan Tsun Ching - 5-912-3089 Josectc_csklda@yahoo.co.uk	Yoga & Fitness Arpita Boyd - 5-842 8642 mindandbodypt@gmail.com